

Many people don't understand what music is and the power it has over our mind, body and soul. It takes a true artist to create a dynamic piece of painting, likewise it takes a true songwriter to create a dynamic song. But what is music to you? Some may say music is a sound or the study of various sounds, others may say music is an art form, created by the organization of pitch, rhythm and sounds made by musical instruments or by singing. You could also say music is a guide to playing or singing a particular tune. But I say "Music is an expression of one's current state of mind" because music comes through inspirational taught in your mind, it emerges from your deepest feelings and at that very point in time that you start to pour your heart out with a pen and paper, this very crucial moment is called "songwriting".

Today many people call themselves artists and songwriters, all just because they know how to deceive people with instrumentals (beats), and this is taken to a club and once people can shake their body to it, it becomes a hit song (Typical Nigerian Music). But don't get me wrong "everyone is talented in their own way". My philosophy is that whatever type of music you listen to, has a way of changing your life either positive or negative. Now whichever way you choose to go be it Hip Hop, R&B, Soul, Gospel and lots more, what you listen to should be of great importance not just for your mind and body but for your health. Did you know that music is being used in therapy and psychological treatments?

There is a saying that "Music is food to your soul" but we both know that when you eat the wrong thing it can damage your body so why not give your soul the adequate nutrition it deserves and make music a part of your everyday life. As a rapper, songwriter, singer and a composer I have gained a lot from music and I treat every piece of my work as if it were a new borne child and in doing so I have been able to understand that "Music is an expression of one's current state of mind".

Thank You.

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